



Pirates Training Timetable

	MON	TUES	WED	THURS	FRI	SAT
SCALLYWAGS						
		3.30-4.30pm		3.30-4.30pm		
BUCCANEERS				7.00-8.00am		
	3.30-4.30pm		3.30-4.30pm			
BANDITS		7.00-8.00am				
			4.30-5.30pm		3.30-4.30pm	
YELLOW BEARDS		6.00-7.30am				
	4.30-5.30pm		5.30-6.30pm		4.30-5.30pm	
RED BEARDS	6.00-7.30am		6.00-7.30am		6.00-7.30am	6.00-8.00am
	5.00-7.00pm	5.00-6.30pm	6.30-7.30pm		5.00-7.30pm	
BLACK BEARDS	6.00-7.30am		6.00-7.30am	6.00-7.30am	6.00-7.30am	6.00-8.30am
	5.00-7.00pm	4.30-6.30pm		4.30-6.30pm	5.00-7.30pm	